## Helping Families Overcome Today's Stress

"Building resiliency within you and your children"

Join us for a
Community Conversation
&
Panel Discussion



Saturday, November 12<sup>th</sup> 10AM - 12PM

Domus' Trailblazers Academy 83 Lockwood Ave, Stamford

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**Continental Breakfast Provided** 

FREE childcare is available, but you must RSVP with the age and how many children will be attending!

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Please RSVP by Thursday, November 10<sup>th</sup> to Nancy Dewitt-Smith

NANCY.DEWITT-SMITH@ct.gov



Sponsored by REGION I Regional Advisory Council (RAC)

